

# Rotary



# Router

S H E P H E R D S T O W N

W E S T V I R G I N I A

District 7350

VOL XXII

TUESDAY, FEBRUARY 2

NO. 31

# CLUB ASSEMBLY

## Last Week

Lynne M. Hocker spoke to the group about environmentally conscious historic renovations. Illustrating his talk with a PowerPoint presentation full of photos, Hocker showed how his team restored a 1775 log building using renewable energy sources. Placed on a 30-acre site dubbed "Whispering Creek," the building now is used as a corporate retreat. Thanks to help from a \$200,000 Pennsylvania state grant, the building has incorporated solar panels, wind turbines, LED light bulbs, and geothermal heating and cooling systems. It now produces twice as much energy as it consumes.

For those interested in figuring out how to make their home or business more energy efficient and environmentally benign, Hocker recommends the following first step: Before looking into how you can produce energy, you first have to look at how you can reduce the energy you currently use. Those interested in finding out more can visit Hocker's Website [www.whisperingcreekretreat.com](http://www.whisperingcreekretreat.com).

## Club News

President **Doug** announced that **Rob** Northrup was mentioned in an article in the *Herald Mail* for his very personal and commendable efforts with Haiti relief.

Rob himself gave us a live update on the Albert Schweitzer Hospital and how they remain extremely busy aiding the injured. It seems that many Haitians are finding no reason to remain in the city of Port au Prince and are returning to more rural areas of the island where their families have roots, thus making this out-of-town hospital even busier. News about the

hospital's progress and even an ongoing blog can be found at [www.HASHaiti.org](http://www.HASHaiti.org) and also on Facebook

Last week, **Holly** Frye gave an update on Shepherd Rotaract. With nearly half the students being international and with great interest in foreign affairs, the group was very impressed to hear of the \$7,500 raised by our Rotary Club which inspired their own "brownie" fundraiser. The Rotaract Club collected over \$700 from this bake sale on campus to add to our relief efforts and pipeline to HAS.

The Rotaractors have elected officers and organized themselves into committees: International Service, Club Service, Community Service, Professional Development, and Finance. The President of the club, Lindy Ybarro, is from Mexico.

We are very pleased (and proud) to welcome ten representatives joining us this morning for the purpose of sitting in on our committee meetings.

Time permitting we also hope to hear from the students—about their majors and what attracted them to Rotary service.

## 50-50

**Lisa** Welch drew ticket 420 for lucky winner **Dick** Klein.

## Special Days

Two birthdays, one date: Best wishes go to **Phil** Coffey and **Eric** Lewis on February 5.

## Tax Relief!

A note from Secretary **Rick**: Haiti relief donations qualify for immediate tax relief.

The IRS alerted taxpayers who itemize

deductions that they may claim donations to charities providing earthquake relief in Haiti on their 2009 tax return. This special tax relief provision is available only for cash contributions made after January 11, 2010, and before March 1, 2010. For more tips about claiming a deduction and other information about providing relief to Haiti through a charitable organization, visit [IRS.gov](http://IRS.gov).

## Other Relief Efforts

District 7020, which includes Haiti, has flown in 55 planes filled with more than 50,000 pounds of medical equipment and supplies into the cities of Pignon and Port-de-Paix to bypass logistical problems in the hard-hit capital of Port-au-Prince. "Rotary had an incredible infrastructure established before the quake, which has made our relief efforts very effective," says **Dick McCombe**, past district governor and Haiti liaison chair. "We're flying in supplies through backdoor channels and doing things a lot of agencies can't do."

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Web site: [www.shepherdstownrotary.org](http://www.shepherdstownrotary.org)  
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### NEARBY MAKE-UP CLUBS

Berkeley Springs, WV	TH	1215	Tari's Café
Charles Town, WV	TU	1215	JMH Board Room
Frederick, MD	W	1215	Dutch's Daughter
Hagerstown, MD	W	1215	Fountainhead CC
Hagerstown, MD	M	1815	Nick's Airport Inn
Hagerstown, MD (am)	F	0730	Antrim House
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Leesburg, VA	TH	1830	Laurel Brigade Inn
Martinsburg, WV	TH	1215	Holiday Inn
Martinsburg, WV (am)	TU	0715	Holiday Inn
Williamsport, MD	W	0715	Red Man's Club
Winchester, VA	TH	1200	Travelodge

For other locations, check with the Club Secretary



# Snow Daze

*(regular program and meeting canceled due to record snowfall)*

## Last Week

Rejuvenated by an extended January thaw, and eagerly anticipating yet another snowstorm overnight, Rotarians held their monthly Club Assembly to convene meetings of the Club Service, Community Service, Vocational Service, and International Service Committees. This was an extra special Assembly, as we were joined by members of the Shepherd University Rotaract Club. Representatives of Rotaract attended meetings of each of the Club Committees.

## Visitors

**Rob** Hoxton introduced **Nicole** Saunders-Meske, who is on the Board of the Country Day School, and is associated with AHA of Jefferson County. Nicole and her spouse, who is an emergency room doctor in Martinsburg, moved to this area from Miami, FL about 3 years ago.

**Holly** Frye and **Julie** Siler introduced members of the Shepherd University Rotaract Club, who held a bake sale combined with a public awareness event on Campus last Tuesday to raise funds to support the Hospital Albert Schweitzer in Haiti. The bake sale yielded \$700, which was presented in the form of a check to **Rob** Northrup by Rotaract President **Lindy** Ybarro. Rob will arrange for the funds to be forwarded to the Hospital.

The following Rotaract members attended: **Lindy** Ybarro, President; **Rachel** Harrison, Vice President; **Scarleth** Paiz, Secretary; **Amelia** Carte, Treasurer; **Sophia** Khan; **Megan** Lewis; **Shane** Lowery; **Jordan** Hunter, and **Jessica** Draper. The group was accompanied by **Amanda** Hanson, an AmeriCorps VISTA serving in the role of Service-Learning Coordinator in **Holly's** office at SU.

## Club News

**Rob** Northrup conveyed news from Hospital Albert Schweitzer, summarized from **Ian** Rawson's blog on the HAS website. The Hospital joined a "health committee of responding agencies" to chart future efforts. Physical therapy is a clearly defined need as many victims of the earthquake have been bedridden for an extended time. The Hospital is working to establish channels to meet the physical therapy needs. Roads to Port-au-Prince are now passable and some people are beginning to go home.

**Holly** Frye announced that an "All You Can Eat" spaghetti dinner will be held Thursday, February 11 at Christ Reformed Church to benefit Relay for Life.

**Suzanne** Shipley announced the launch of the musical "Big River: The Adventures of Huckleberry Finn", at the Frank Center at 8 PM on Feb. 5, 6, 12, and 13 and 3 PM on Feb. 7 and 14 (weather permitting).

**Curt** Mason reminded us that the next public presentation on Jefferson County History, jointly sponsored by the Men's Club and the Historical Society, will be "Black History of Jefferson County" by **Jim** Taylor at 7 PM on Monday, February 8 at the Men's Club.

**Gary** Heichel advised that Rotary Theater Night will be held at 6 PM, Wednesday, March 3, starting with heavy hors d'oeuvres and beverages in The Press Room, followed by a movie at the adjacent Opera House at about 7:15 PM. Ticket price is \$17.50 per person, which covers hors d'oeuvres and the film. Beverages are "Dutch treat". A signup sheet will be circulated starting next week.

**Tom** Trumble advised that the Rotary Wine Tasting Dinner will be held Friday, March 19 at the Bavarian Inn. Ticket price is \$85.00 each. Electronic invitations will be sent out shortly.

**Connie** Hammann announced that "Adopt a Highway" roadside cleanup will be held in early April. More details will be forthcoming.

## 50-50

**Dick** Klein invited visiting Rotaract member **Megan** Lewis to draw the winning number. Ticket 435 was held by visiting Rotaract member **Rachel** Harrison.

## Induction

**Paul** Pritchard led the ceremonies to induct **Paul** Kradel to membership in the Rotary Club of Shepherdstown. **Rick** Caruso sealed the induction with the presentation of the Rotary lapel pin and the membership badge. Club members welcomed **Paul** with a standing ovation.

## Special Days

**Phil** Coffey and **Eric** Lewis split the birthday cake but not the candles on February 5 for double the cheer on their jointly-shared birthday.

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**S H E P H E R D**  
**W O M E N ' S**  
**T A M M Y**  
**head**



**U N I V E R S I T Y**  
**L A C R O S S E**  
**B U T L E R**  
**coach**

## Today

Here to tell us about Meals on Wheels is Roger Dailey, president of the board of Meals on Wheels of Jefferson County.

Meals on Wheels of Jefferson County prepares and delivers a nutritious noon-time meal to the homes of people in Jefferson County who are homebound or for any reason unable to prepare at least one balanced meal per day, regardless of age, income, infirmity, race, gender, or neighborhood. Meals on Wheels of Jefferson County is a basic-needs nonprofit organization of the United Way of the Eastern Panhandle.

Dailey has a long history of civic involvement. A native of Jefferson County, he retired from National Institutes of Health in 1999 after 35 years of service working for the Center of Information Technology. He has served on the Jefferson County Farmland Protection board, The Land Trust of the Eastern Panhandle, and the Jefferson County Agriculture Taskforce. Currently he is the president of South Jefferson Ruritan, vice president for the Jefferson County chapter of the National Active and Retired Federal Employees, Outreach Chairman for the Jefferson County Chapter of AARP, and Boy Scout district chairman for Jefferson County, West Virginia, and Clarke County, Virginia.

## Last Week

Vice-resident **Julie Siler** introduced the program, "Women's Lacrosse at Shepherd University," presented by Head Coach Tammy Butler. Coach Butler was accompanied by Assistant Coach Dustin Robbins. Butler came to Shepherd University in June 2009 to build its first Varsity

Women's Lacrosse program. By way of background, Tammy explained that lacrosse originated with Native Americans as a game to prepare warriors for battle. Currently lacrosse ("lax" for short) is the fastest growing sport in the United States, with participants increasing at 20% per year. In 2008, there were about 29,000 players in more than 500 club and college men's and women's teams.

Coach Butler has initiated a four component "lax building program" consisting of: Team development; Campus involvement and buy in; Community involvement; and Service. Team development has resulted in recruitment of 18 players towards a goal of 25. She views Shepherd ideally situated in the Baltimore-District of Columbia-Ohio-New Jersey recruiting area. Campus involvement includes education of spectators through the use of "cheat sheets" on seats at games, outreach to the faculty and staff community, and "Lax for Cure" – fund raising with Relay for Life. Community involvement includes holding a February 27 "Annual Lax Day", establishing youth Lax games at half-time, holding the first "Lax Camp" from June 21-25, 2010, initiating an Annual Fish Fry, and initiating an "Oktoberfest" in Fall, 2010. Tammy indicated that the Lax Program is looking for service projects to supplement the forthcoming Kiwanis Toy Drive, Soup Kitchen, Clinic Camp, and Lax for Cure projects.

How can Shepherdstown Rotary help women's Lax at Shepherd? Tammy emphasized the importance of partnering in service projects, attending games, supporting Lax events, and spreading the word. The opening home game against Shenandoah University is scheduled for 4:00 pm on Tuesday, March 2, at Rams Stadium.

Questions for Coach Butler included: What are the differences between men's and women's lacrosse? Are scholarships available for lacrosse recruits? Are there any plans for a men's lacrosse team?

## Club News

**Jack Saum** announced that "Tuxedo Junction" will be held Friday, May 7, at the Bavarian Inn. The theme will be "A Night at the Savoy," reminiscent of Manhattan in the 1930s. Food will be offered at culinary stations, each serving a signature dish typical of a Manhattan restaurant of the era. Hold that date!

**Gary Heichel** reminded attendees that Rotary Movie Night will be held at 6 p.m., Wednesday, March 3, starting with heavy hors d'oeuvres and beverages in The Press Room, followed by a movie at the adjacent Opera House at about 7:15 p.m. Ticket price is \$17.50 per person, which covers hors d'oeuvres and the film. Beverages are "Dutch treat." Make your reservation by emailing **Dick Klein** or **Gary Heichel**, or by sign-up sheet on meeting mornings.

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Roger Dailey, President

## OF JEFFERSON COUNTY

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20% per year. In 2008, there were about 29,000 players in more than 500 club and college men's and women's teams.

At Shepherd, Butler has initiated a four-component "lax building program": team development; campus involvement and buy-in; community involvement; and service. Team development has resulted in recruitment of 18 players toward a goal of 25. She views Shepherd ideally situated in the Baltimore-District of Columbia-Ohio-New Jersey recruiting area. Campus involvement includes education of spectators through the use of "cheat sheets" on seats at games, as well as outreach to the faculty and staff community, and "Lax for Cure"—fund raising with Relay for Life. Community involvement includes holding an annual "Lax Day," establishing youth lax games at half-time, holding the first "Lax Camp" from June 21-25, 2010, initiating an annual fish fry and an "Oktoberfest" in fall 2010. The lax program is also looking for service projects to supplement the forthcoming Kiwanis toy drive, soup kitchen, clinic camp, and Lax for Cure projects.

Tammy would love to have Rotary partner in service projects, attend games, support lax events, and spread the word. The opening home game against Shenandoah University is scheduled for 4 p.m. on Tuesday, March 2, at Rams Stadium.

### Club News

Rotary Theater Night is Wednesday, March 3: heavy hors d'oeuvres and beverages (cash bar) in The Press Room at 6 p.m., followed by a movie at the adjacent Opera House at about 7:15—all for \$17.50 per person. E-mail Dick Klein or Gary Heichel, or snag the sign-up sheet on meeting mornings.

The Wine Tasting and Dinner will be on Friday, March 19, at the Bavarian Inn. One correction to the e-mail invitation: checks should be made payable to the Shepherdstown Rotary Charitable Fund. \$20 of each ticket will go to a Rotaract Scholarship.

The World Affairs Seminar, "Alternate Energy Sources," will be held at the National Conservation Training Center on Wednesday, March 17.

**Chris Horowicz** is accepting donations of assistive devices including canes, crutches, walkers, and wheelchairs for immediate distribution in Haiti by Project Hope. Items can be dropped off at Chris's office, Professional SportsCare & Rehab.

**David Miljour** presented a "Rotary International Minute" highlighting a recent article in the recent Rotary district newsletter about our Rotary Club's contributions to Hospital Albert Schweitzer in Haiti. He also spoke of the need to establish a center for physical and occupational therapy, and a workshop to build artificial limbs for victims of earthquake in Haiti.

### Visitors

Coach Butler was accompanied by Assistant Coach Dustin Robbins.

### Upcoming Programs

#### March

- 9 Dr. Amy Johnston, Audiology Care & Services (rescheduled from 2/9)
- 16 Ed Herendeen, Executive Producer, CATF
- 23 Relay for Life, Shepherd students presentation
- 30 Paul Woods, KIVA, a 501(c)(3) nonprofit organization and the world's first online micro-lending platform.